

CHRONIC DISEASES



USEFUL ORGANISATIONS

Information, education and advice of practical aspects of living with MS, family affairs and children, research and therapy advice and support counselling.

ASSIST UK

1 Portland Street
Manchester M1 3BE
Tel: 0161 238 8776
general.info@assist-uk.org
www.assist-uk.org

Leads a UK wide network of locally situated Disabled Living centres each providing a permanent exhibition of products and equipment.

BENEFITS ENQUIRY LINE

Tel: 0800 882200

Department of Work and Pensions free helpline.

THE BLADDER AND BOWEL FOUNDATION

General Enquiries: 01536 533255
Helpline: 0845 345 0165
info@bladderandbowelfoundation.org
www.bladderandbowelfoundation.org

Provides information and support for people with bladder and bowel disorders, their carers, families and healthcare professionals.

THE BRITISH PAIN SOCIETY

Third Floor
Churchill House
35 Red Lion Square
London WC1R 4SG
Tel: 0207 269 7840
info@britishpainsociety.org
www.britishpainsociety.org

Advice on self-help pain management programmes for those with chronic, persistent pain.

CALIBRE

Aylesbury
Bucks HP22 5XQ
Tel: 01296 432339
www.calibre.org.uk

Cailbre Audio Library is a national charity providing free audio books for adults and children.

CROSSROADS

Information & Communications Office
3rd Floor
33-35 Cathedral Road
Cardiff CF11 9HB
Tel: 0845 450 0350
www.crossroads.org.uk

Provides practical support for carers.

DIAL UK

St. Catherine's
Tickhill Road
Doncaster DN4 8QN
Tel: 01302 310123
informationenquiries@dialuk.org.uk
www.dialuk.info

Provides information and advice to disabled people and others on all aspects of living with a disability.

DISABILITY ALLIANCE

Universal House
88/94 Wentworth Street
London E1 7SA
Tel: 0207 247 8776
office@disabilityalliance.org
www.disabilityalliance.org

Rights advice line aiming to break the link between poverty and disability. Authors of the Disability Rights Handbook.

DISABILITY LAW SERVICE

39-45 Cavell Street
London E1 2BP
Tel: 0207 791 9802
advice@dls.org.uk
www.dls.org.uk

Provides free legal advice to those on a low income.

DISABILITY, PREGNANCY & PARENTHOOD INTERNATIONAL

National Centre for Disabled Parents
Unit F9
89-93 Fonthill Road
London N4 3JH
Tel: 0800 018 4730
info@dppi.org.uk
www.dppi.org.uk

Supports pregnancy and parenthood for people with disabilities.

DISABLED LIVING FOUNDATION

380-384 Harrow Road
London W9 2HU
Tel: 0845 130 9177
info@dlf.org.uk
www.dlf.org.uk

Provides free impartial advice on all types of equipment for disabled people.

DISABLED MOTORISTS FEDERATION

C/o Chester-le-Street District CVS
Volunteer Centre
Clarence Terrace
Chester-le-Street
Co Durham DH3 3DQ
Tel: 0191 416 3172
Www.dmfed.org.uk

Information for disabled motorists and their carers.

DISABLED PARENTS NETWORK

81 Melton Road
West Bridgford
Nottingham NG2 8EN
Tel: 0300 330 0639
information@disabledparentsnetwork.org.uk
www.disabledparentsnetwork.org.uk

A national network helping one another and bringing about change.

EQUALITY & HUMAN RIGHTS COMMISSION

www.equalityhumanrights.com

Helpline England Tel: 0845 604 6620
englandhelpline@equalityhumanrights.com

Helpline Scotland Tel: 0845 604 5510
scotlandhelpline@equalityhumanrights.com

Helpline Wales Tel: 0845 604 8810
Waleshelpline@equalityhumanrights.com

Equality legislation on age, disability, gender, race, religion or belief, sexual orientation and transgender status.

FOCUS ON DISABILITY

www.focusondisability.org.uk

Website covering all aspects of disability including sexual and personal relationships and information on who to contact.

LISTENING BOOKS

Freepost
12 Lant Street
London SE1 1QH
Tel: 0207 407 9417
info@listening-books.org.uk
www.listening-books.org.uk

Postal library service with annual membership fee.

MOBILITY CENTRES

The Forum of Mobility Centres
c/o Providence Chapel
Warehorne
Ashford
Kent TN26 2JX
Tel: 0800 559 3636
mobility@rcht.cornwall.nhs.uk
www.mobility-centres.org.uk

Professional, high quality information, advice and assessment to individuals who have a medical condition or are recovering from an accident or injury which may affect their ability to drive, access or egress a motor vehicle.

MOTABILITY CAR SCHEME

Motability Operations
City Gate House
22 Southwark Bridge Road
London SE1 9HB
Tel: 0845 456 4566
www.motability.co.uk

Enables disabled people to use their government-funded mobility allowances to obtain a new car, powered wheelchair or scooter.

MS THERAPY CENTRES

Call 0800 783 0518 for detailed information on centres local to you or ask for the MSRC Choices Therapy Centre information leaflet.

MULTIPLE SCLEROSIS SOCIETY

327 Edgware Road
London NW2 6ND
Tel: 0208 438 0700
Helpline: 0808 800 8000
info@mssociety.org.uk
www.mssociety.org.uk

Supports much of the research work done in the UK and offers welfare support through local branches, respite care centres and financial assistance.

MS TRUST

Spirella Building
Bridge Road
Letchworth Garden City
Hertfordshire SG6 4ET
Tel: 01462 476700
info@mstrust.org.uk
Www.mstrust.org.uk

Provides information, education programmes for health professionals and funding for practical research.

CITIZENS ADVICE BUREAU

Myddleton House
115-123 Pentonville Road
London
N1 9LZ
Tel: 0207 833 2181
Www.citizensadvice.org

Helps people resolve legal, financial and other problems by providing help and advice.

RADAR (ROYAL ASSOCIATION FOR DISABILITY AND REHABILITATION)

12 City Forum
250 City Road
London N1 9LZ
Tel: 0207 250 3222
radar@radar.org.uk
Www.radar.org.uk

The UK's largest disability campaigning organisation.